

THE SHEWISH CONGREGE THE SHEVAT/ADAR 5783

celebrating Tu B'Shvar



The New Year of the Trees Milgroom

All meetings are held in the Chapel Center unless otherwise noted. SLJC FEBRURAY 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 9 am: Sisterhood Basket Wrapping	3	4
5	6 TU BISHVAT	7 11:30 am: Men's Club Lunch Meeting (Old Chicago Pizza)	8 1:30 pm: Devorah Literary Ladies <i>(Zoom)</i>	9 4 pm: Board of Directors Meeting	10 7 pm: Erev Shabbat Service	11
12	13	14 9 am: Sisterhood Board Meeting	15 II am-I pm: Devorah Hadassah Food Collection for JFCS (<i>Sites TBA</i>)	16	17	18
19 10:30 am: JWV Post 619 Meeting (<i>Oakwood</i> <i>Poolside</i>) 2 pm: Sisterhood Meeting	20	21 4 pm: Chompie's Fundraiser Dinner	22 10:30 am: Devorah Hadassah Meeting <i>(EVJCC)</i>	23	24	25
26	27	28				

HIGHLIGHTS

- 3 From the Clergy
- 5 President's Message
- 6 Yahrzeits
- 6 Celebrations
- 12 Contributions
- 13 Donation Form

- President, Shelly Henden (480) 612-4413
 Membership, Susie Shapiro (480) 883-7117
- Rabbi Irwin Wiener, D.D.
- Cantor, Ronda PoleskyMusic Director, Lana Oyer
- (623) 640-5913(480) 247-8408(602) 524-5936
- Graphics, Mike Milgroom
- (480) 802-7990

To submit to The Shpiel or for more information, contact Geri Gould at (480) 305-0123, or gerijim@hotmail.com.

RABBI IRWIN WIENER, D.D.



A True Blessing

We should always celebrate goodness and kindness. We, as a congregation, are very fortunate. There are those who support our efforts with their participation. There are those who are nurturing with their resources. And there are those who show their appreciation by

attending those activities, which describe us as a caring and loving community. Each in his or her way sustains us. That is what a Synagogue is all about.

And just as there are many ways to contribute to the vitality of our efforts, so too are there many different people who comprise this great institution. Even those who are infrequent visitors ennoble us because they ensure continuity by adding their names to the list of members.

"If you respond to the needs of those who call out to you, then shall your light be a beacon in the darkness, and the darkness will be washed in the full day's light, and the Lord will walk beside you as a guide, and shall richly fill and nourish your life; and God will renew your strength, and you will grow like a garden wealthy with water, a spring of water, whose waters fail not." Such is written in the Torah, and such is the example of our members and volunteers.

They respond when called upon, not with why but rather how. And as surely as God is in our midst as we utter our prayers and supplications, so is God with them because they enhance our lives and lift our spirits. No finer group of men and women can be found anywhere. Not because they are ours but because they represent the best in us.

There is a most wonderful story found in Midrash Rabbah — the book of parables and examples: A Persian king once happened to visit the Emperor Marcus Antonius when he was in Syria. On meeting, the emperor introduced his friend the Patriarch Rabbi Judah to the Persian king. The king later sent to Rabbi Judah a priceless gemstone as a gift, and the rabbi in turn sent the king a mezuzah. When the king later met the rabbi, he said, "I have sent you a very expensive gift, but you have sent me something of relatively little expense." Rabbi Judah replied: "Inside the mezuzah there is an inscription worth more than all valuable objects because I must keep your gift safe, the gemstone. However, my gift will keep you safe, as it is written: 'When you lie down, it shall watch over you.'"

Such are the people who grace us with their enthusiasm and spirit of warmth and friendship, with one exception – they are both a precious gem in our midst and, at the same time, a watchful and sacred possession of this great congregation: inseparable and equally as expensive a gift as anyone could possibly want. Over the years I have been privileged to witness the devotion and dedication and I have been uplifted by their generosity and unselfish response to our needs and wants.

Sometimes in our haste and in the everyday occurrences, we lose sight of the gratitude and appreciation due to so many. On behalf of a grateful congregation, I say thank you to all because all of you are truly a blessing for us and for our community, which is the beneficiary of your Godliness.

Join with us at our Shabbat Service on February 10.

LONE SOLDIER PROJECT MEET MICHAEL LEVIN AND THE LONE SOLDIER CENTER

The year is 2006, and Michael Levin is at home in Philadelphia, on leave from being a Lone Soldier Paratrooper in the IDF. Two weeks into his leave, war breaks out on Israel's northern border when Hezbollah ambushes an IDF patrol, killing five reservists and kidnapping two others. Michael rushes back to Israel, and struggles to get an order to join his unit which is in a battle for control of a Lebanese village. On August 1, 2006, Michael, age 22, is killed in an intense fire-fight. One year after his death, his parents hosted a memorial service in Jerusalem with 325 Lone Soldiers where seeds for the Michael Levin Memorial Lone Soldier Center (LSC) were sown. His death led to international recognition of the significant role Lone Soldiers play in the defense of Israel.

Now, the LSC, one of our three center partners, has three center locations in Jerusalem, Tel Aviv and Beer Sheva, and five subsidized residences housing 245 soldiers. In 2022 they served 14,816 Shabbat meals and counselled 3,000 Lone Soldiers.



FRIENDS OF ISRAEL

Spring Speaker Feature Topic Will Be Education In Israel





In April 2023, Geoffrey John Kaye, a SLJC member, will discuss his role in developing the Kaye Academic College of Education in Beer Sheva, Israel. He will discuss how he got involved and how the school has grown and now flourishes. The college serves as a hub of teacher training for the entire Negev, with approximately 3,500 students.

- Compulsory education starts at 3-years-old in Israel continuing through 10th grade.
- 6.2% of the Israel's GDP is spent on primary through tertiary education (19% goes to private institutions).
- Weizmann Institute of Science ranks 20th in the world in quality of education.

Israel Education by the Numbers:

- Israel is the fifth-most educated country globally.
- 46% of 25- to 64-years-olds have achieved tertiary education.

PRESIDENT'S MESSAGE

SHELLY HENDEN



Consider Volunteering

I would like to welcome our returning members, Margie Weiss and Buddy Greenberg, and our new members, Donald and Marilyn Levine, and Paul Fieldstone.

We have some upcoming fun fundraisers: dinner at

Chompie's in February and the Hale Theatre in March. See the forms and the information regarding these events in the *Shpiel*.

FYI, if you or someone you know wants to have an event in the Chapel Center, contact Susie Shapiro for its availability. New flooring has been installed which will bring new life to the Center. Also, you are reminded that you can bring in your own food or caterer.

As always, I am looking for people to participate in the monthly services and if you can read Hebrew, we are

looking for people to do the Haftorahs during the High Holidays. Don't be shy! Some congregants have been doing them for many years, and we would welcome some new faces on the bima.

The board voted on establishing a new committee, "Leadership Council," which will be headed by Michael Cohen. The committee will be working closely with the JCC on promoting unity in the Jewish community here in the East Valley. If you would like to be a part of this committee, please contact Michael as he would cherish your interest and help.

Please read all the articles in the Shpiel so you can be up to date on what is going on in our congregation.

SLJC FUNDRAISER JOIN US AT THE HALE THEATRE!

Our congregation purchased a block of tickets for shows this spring at the Hale Theatre, a theater-in-the-round located at 50 W. Page Ave. in Gilbert. These performances will provide a chance to get together, see a show, maybe have a nosh in Downtown Gilbert, and raise some much-needed funds for our Congregation. All shows will be matinees at 4 pm.

Here is what is on the landscape: 42nd Street on Saturday, March 11 and Bye Bye Birdie on Saturday, May 20. We hope you can join the fun!

Ticket price is \$40. To make your reservation, please call Marcia Weiner at (480) 802-9455 or Shelly Schwartz at (480) 802-3608.



FEBRUARY CELEBRATIONS

ANNIVERSARIES — kol hakavod — to a great year ahead together!

- 14 Sander & Anita Frindell
- 17 Marc & Deborah Israel
- 19 Paula & Milton Lewis

- 15 Darrell & Norma Owens
- 19 Tzvi & Gina Caplan

BIRTHDAYS — mazel tov — another year older and another year wiser!

- 1 Nessa Memberg
- 2 Arleene Forgang
- 2 Linda Wasserman
- 11 Marc Israel
- 12 Marsha Levine
- 13 Roxanne Banta
- 16 Diana Nelinson

15 Betsey Silverman

- 17 Ronald Codkind
- 18 Ellen Fineberg
 - 20 Ruth Friedman
 - 21 Eleanor Miller

- 21 Susan Reeves
- 24 Gary Schultz
- 25 Harvey Weiner
- 26 Nancy Stutman

FEBRUARY YAHRZEITS

Zichronam livrachah — may their memories be a blessing.

Melvin Becker Anne Berg Sheila Berger Florence Berger Sheila Berger Ida Gilbert Brodsky William Buchsbaum Marjorie Buchsbaum Charles Clift Essie Cohen Constance Dunayer John Elias Woody Fabert Allan Richard Feldman

Benjamin Fischer Shirley Fray Augusta Friedman Melissa Ger Maurice Gerson Betty Ginsberg Marcy Goldstein Allan Greenberg Frank Hasenfus Cie Hirschkoff Barbara Kaplan Irving Karp Norma Klein Barnett Lazarus Sadie Lazarus Barnett Levenson Bernard Linder Joseph Lubisch Sylvia Memberg Samuel Miller Rose Mohr Geraldine Nelinson Jack Ornstein Joseph Pasternack Allan Price Louis Raizes Sadie Roth Marilyn Russell Muriel Salita Dorothy Schaeffer Syndi Scheck Sylvia Sharf Morris Sharff Robert Smigel Bertha Smigel Dorothy Stone Isaac Strahl Norma Zacharias Irving Zigman

SLJC MEN'S CLUB

Lunch Meeting: February 7, 3 pm, Old Chicago Pizza

The Men's Club is having a lunch meeting February at Old Chicago Pizza and Taproom at 11:30 am. (Food will be ordered on individual checks.) RSVP to Marty Levine by Tuesday, February 3 at martelee@hotmail.com, (480) 802-8911 so that the restaurant can prepare and accommodate us. Old Chicago offers pizza, salads, burgers and more. We hope to see our members as well as prospective members.

Men's Club recently held a luncheon at the new Macayo's Mexican Restaurant in Chandler and also a new members event at Brooklyn V. Members enjoy monthly meetings with interesting speakers, lunches at local restaurants, and occasional field trips to local attractions.

For membership information, please contact Marty Levine at (480) 802-8911 or martelee@hotmail.com.



COMMUNITY BULLETIN BOARD

Please save the date of Friday, March 10 for a tribute to Lana Oyer at our March monthly service. Israel Supporters: The Friends of Israel Committee needs volunteers. Please call Michael at (480) 895-4660. Please keep in mind that the Chapel House is available for private parties for a nominal rental. For details, please contact Susie Shapiro at (480) 883-7117.

Register for the Fry's Community Rewards Program and help SLJC raise funds without doing any work!

- 1. Go to www.frysfoods.com
- 2, Select "Sign-in"
- 3. Enter your email and password then select "sign in" (this will be the email and password you created in step 1); 4. Under "Welcome back!" click "Your Name/My Account"; 5. Under "Account Summary" scroll down to "Community Rewards"
- Click "enroll" under "Community Rewards." (If prompted, enter personal information.) 7, Under "Find Your Organization" enter "KU607" then select "search".

Once registered, at the bottom of every receipt it will say ***Fry's Community Reward***

Please submit Bulletin Board posting requests to Geri Gould at gerijim@hotmail.com.

SLJC SISTERHOOD

Monthly Meeting: Monday, February 19, 2 pm, Chapel House



Our February meeting will be on **Sunday, February 19 at 2 pm in the Chapel House** instead of our regular Thursday meeting. **Please make note of the different day and time.** The Sun Lakes Jewish Congregation Sisterhood will present the award-winning author and Talmud scholar Maggie Anton (*photographed at left*). After taking a women's Talmud class, Ms. Anton developed a passion for the history of the great Jewish scholar Rashi. Anton started researching his family and their community in Medieval France and then wrote the historical fiction trilogy, Rashi's Daughters. For this program, Anton will be discussing her latest novel, *The Choice*. The program is free and open to the congregataion.

Also, save the date of **Monday, March 27** for our biggest fundraising event this year. It will be a Fashion Show and Luncheon at Oakwood Country Club. Fashions from Calle Rose Boutique Clothing and accessories will be available for purchase before and after the Fashion Show and sit-down luncheon. There will be fabulous gift baskets, cash raffles and delicious bake sale goodies. Join us for a great day while helping local charities. Don't forget to send in your registration form. For more information, contact Carol at (480) 895-3168.

NOTE:	We do not share information with anyone. For Sisterhood use only.
Name: _	
Address	S:
E-mail:	
Phone:	
Birthday	y (month/day only):
	Please send check for \$25, payable to SLJC Sisterhood, to: Marsha Levine, 3805 E. County Down Dr., Chandler, AZ 85249
	and the second states

SLJC SISTERHOOD ANNUAL CHARITY EVENT

LUNCHEON - FASHION SHOW - SHOPPING



MARCH 27, 2023 @ 10:30 A.M.

OAKWOOD COUNTRY CLUB 24218 S. Oakwood Blvd., Sun Lakes, AZ

Fabulous Gift Baskets, Cash Raffles, Delicious Bake Sale Goodies, Luncheon and Fashion Show from Calle Rose Boutique Clothing & Accessories Shopping before and after Lunch and Fashion Show.

Cost: \$40 Check payable to SLJC Sisterhood. Mail with the form below to: Wendy Goldstein, 24031 S Lakeway Circle NW, Sun Lakes, AZ 85248

JOIN US FOR A GREAT DAY WHILE HELPING LOCAL CHARITIES!

For more information contact Carol Biales at 480-895-3168.

Cut on the dotted line and mail the lower portion.

SLJC SISTERHOOD FASHION SHOW LUNCHEON. Please return this form with payment to the address above. Must be received by March 13, 2023.

 NAME
 PHONE #:
 EMAIL:

 LUNCH CHOICE:
 Chicken Caesar Salad
 Herb roasted Chicken w/Yukon Mash & Seasonal Vegetables

 DESSERT CHOICE:
 Flourless Chocolate Cake
 Bread Pudding

Total Amount Enclosed \$______ Each person at your table must send in her own check and form with lunch and dessert choices. Maximum of 10 per table. Have them list the names of members in their group. Please seat me with ______



Sisterhood Charity Event Pre and Post-Order Sale Form

Additional Variety of Baked Goods Available at Charity Event

Name:

Telephone Number: _____

Please circle each item you would like to order and indicate when you would like the item.

				Quantity	Total Cost
Baked	by Maril	yn Behr			
• • •	Cinnam	ate Chip Kahlua Bundt Cake Ion Streusel Bundt Cake auce Bundt Cake	\$15.00 \$15.00 \$15.00		
Baked	by Janey	Burnce			
٠	Chocola	ate Chip Coffee Cake	\$15.00		
Cookie	s: Baked	by Marilyn Behr	\$15.00		
•		White Chocolate & Cranberry C Russian Wedding Cookies	ookies		
Baked	by Wend	le Levy			
٠	Challah	:			
	* *	One Large One Medium	\$18.00 \$12.00		
Baked	by Anita	Kolikoff			
•	Bluebe Mande	rry Bundt Cake I Bread	\$15.00 \$15.00		
Baked	by Susar	n Plambeck			
•	Triple C	hocolate Bundt Cake	\$15.00		
			Total \$		

Return with check payable to SLJC Sisterhood. Send the filled out form and your check to Barbara Reiss at 24807 S. Lakestar Drive, Sun Lakes, AZ 85248.



Sun Lakes Jewish Congregation **Fundraiser**

Come join us at Chompie's at 3481 W. Frye Rd. Chandler on Feb. 21st. from 4 pm - 8 pm Chompie's will be giving 15% of your meal purchase back to Sun Lakes Jewish Congregation Please present this flyer when seated to your server



CONTRIBUTIONS

Sun Lakes Jewish Congregation gratefully acknowledges the following contributions made in honor or memory of a special person or event. If you would like to make a contribution, please use the donation form on the opposite page.

YAHRZEIT FUND

In memory of David Caplan by Tzvi & Gina Caplan In memory of Sophie Silverman by Barbara & Sheldon Silverman In memory of Marsha Horowitz by Stephen Horowitz In memory of Melvin Becker by Sharon Becker In memory of Morris Sharff by Geri & Jim Gould In memory of Cie Hirschkoff by Bobby Sachs & Sid Berger In memory of Sheila Berger by Bobby Sachs & Sid Berger In memory of Jack Ornstein by Susan Reeves In memory of Sadie Roth by Faith Roth In memory of Barbara Kaplan by Michael Kaplan In memory of Marcy Goldstein by Colette Goldstein In memory of Frank Hasenfus by Gary & Karen Hasenfus In memory of Sylvia Memberg by Nessa & Barry Memberg In memory of Edith Cooperman by Nessa & Barry Memberg

In memory of Marilyn Russel by Gail Dante In memory of Maurice Gerson by Charlie Gerson In memory of Woody Fabert by Owen Fabert In memory of Barnett Levenson by Owen Fabert In memory of Charles Clift by Owen Fabert In memory of Augusta Friedman by Marjorie & David Levinson In memory of Dorothy Stone by Bob Stone In memory of Louis Raizes by Sheldon Raizes In memory of loseph Pasternack by Linda & Bob Brooks In memory of Sylvia Sharf by Art & Lucille Sharf In memory of Bernard Linder by Lori Linder In memory of Allan Greenberg by Burton Greenberg In memory of Betty Ginsberg by Barbara Silverman In memory of Isaac Stahl by Sandor Lubisch

In memory of Joseph Lubisch by Sandor Lubisch In memory of Samuel Miller by Eleanor Miller In memory of Allan Price by Wende & Allan Levy

CHAPEL FUND

In honor of Karen Hasenfus' Birthday by Dorothy & Emiel Lopes Dias

GENERAL FUND

In memory of Morris Sharff by Janey & Jeff Burnce

SILVERMAN FUND

Congratulation to Marilyn & Harvey Fein on becoming Great Grandparents by Diane Silverman Congratulation to Marilyn & Harvey Fein on becoming Great Grandparents by Diane Zelinger Congratulation to Marilyn & Harvey Fein on becoming Great Grandparents by Janey & Jeff Burnce

MUSIC FUND

Honoring Ronda Polesky on 20 years of service to the Temple by Diane Zelinger Honoring Ronda Polesky on 20 years of service to the Temple by Arnie & Shelly Henden Honoring Lana Oyer on 30 years as Choir Director by Arnie & Shelly Henden Honoring Rhonda Polesky's 20 years of service to the Temple by Dorothy and Emiel Lopes Dias In honor of Karen Hasenfus' birthday by Arnie & Shelly Henden In honor of Ronda's 20 years of Service to the Congregation by

by Susan & Stephen Kubrin

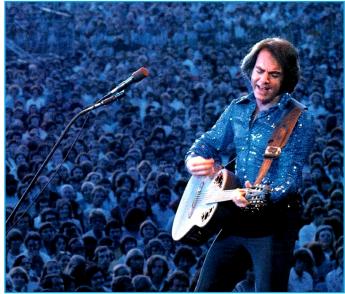
SOMETHING YOU MIGHT NOT KNOW NEIL DIAMOND

By Murray Siegel

A new musical, "A Beautiful Noise," is thrilling audiences on Broadway. In December, the audience and cast were surprised by the subject of the play showing up and performing "Sweet Caroline" at the theater. The singer, of course, is Neil Diamond, born in Brooklyn to Jewish parents. All of his grandparents immigrated from Eastern Europe. In 2018, Neil had retired from performing, announcing to the world that he had Parkinson's disease.

Neil grew up in Brooklyn, NY, and attended Erasmus Hall High School, where he was joined in the Freshman Chorus and Choral Club along with Barbra Streisand. After a family move, he went to Lincoln High School, where he became a skilled fencer and won a fencing scholarship to NYU. For his 16th birthday, he received a guitar and his career as a singer/songwriter began. That summer, he attended Surprise Lake Camp where he saw Pete Seeger perform; he knew performing for audiences would be his calling.

His first big single was "Cherry, Cherry," which hit #6 in 1966, followed by "Girl, You'll Be a Woman Soon." The song which is most associated with Neil, "Sweet



Caroline," was released in 1969, and his first #1 single was "Cracklin' Rosie" in 1970. Other #1 hits were "Song Sung Blue" and "You Don't Bring Me Flowers" (a duet with Barbra Streisand). Neil currently lives with his third wife in Colorado.

	ON FORM (please print clearly) to the following fund, in honor/memory of:
Fund: Chapel 🖵 Family Fun	d 🛯 Music 🔲 Oneg 🔲 Silverman 🗖 General
Yahrzeit Honoree:	Month
Please send card to:	
Name:	
Address:	
 Donor:	Amt. of Check \$
Address	
Remit to: Alan Behr, 25803 East	lake Dr., Sun Lakes, AZ 85248 (Minimum donation of \$10.00 please)
Minimum c	Minimum donation of \$10 please. Ionation of \$10 per person being remembered/honored.



HAPPINESS IS YELLING

FUN, FUN, FUN, I WON, I WON, I WON



DEVORAH HADASSAH IS HAVING A GAME DAY To Benefit Hadassah Medical Organization

WHEN: Wednesday, February 22, 2023 1 PM- 4 PM

WHERE: Chabad East Valley - 875 N. McClintock Rd. Chandler

COST: \$18.00 pre-game day or \$20.00 after Feb 9 This includes Registration, Game Supplies, Snacks and TONS of FUN!

Prizes for games. You may go home with more than you expected!

For tickets or more information contact: Gail...480-570-6819 or Susan.... 520-705-3226 Or send your \$18.00 check payable to Hadassah to Susan Fox, PO Box 10523, Casa Grande AZ 85130-0078 by Thursday, February 9, 2023.

OUT OF MY WAY! I'M GOING TO GAME DAY!





Each year SLJC organizes a Passover Seder for our community. We hope you will join us this year for a traditional Passover dinner and festive evening, catered by Scott's Generations New York Style Deli Restaurant.

Thursday April 6, 2023 @ 6:00-9:00PM in the Chapel House.

Cost: Members \$40.00 Non-Members \$50.00

You will have a choice of main entrée (brisket or chicken—or even both if you prefer) from the menu (see below). Please make your choices at the time of your reservation. We hope you will join us for great food, friendship, and the creation of new memories.

We will be accepting reservations through March 15 by email at hzman24@gmail.com. Should this event need to be cancelled, all monies are fully refundable. You can mail your checks to Helene Zimmerman at 4119 E. Appleby Dr. Gilbert, AZ 85298. Please make checks payable to SLJC. If you have a specific seating request, please make it at the time of your reservation. We will do all possible to honor your requests.

Passover Seder Menu

- Hard Boiled Eggs
- Matzoh Ball Soup
- Potato Kugel
- Vegetables
- Choice of Brisket or Chicken (can have both if desired)
- Matzoh
- Charoset
- Dessert
- Assorted Beverages

Sun Lakes Jewish Congregation Non-Member Memorial Plaques Order Form

A loved one has passed away, who was not a member of SLJC, and you desire to create a permanent remembrance of this person. Can this be done? This is a question that is often asked, and the answer is definitely "Yes." We understand the importance of paying tribute to loved ones who are no longer with us. A permanent non-member plaque can be purchased for \$36, and there are three options for the wording of the plaque.

Simply complete the form below and mail it along with a check payable to SLJC for \$36 per plaque to: Wendy Goldstein, 24031 S Lakeway Circle NW, Sun Lakes 85248. Any questions, call (480) 584-5909.

SLJC NON-MEMBER REMEMBRANCE PLAQUE

Please compete a separate form for each plaque, indicating the desired choice of wording.

Choice1

In Loving Memory of		(name & date)
Purchased by	_ (name)	
Choice 2		
Always in Our Heart		_ (name & date)
Purchased by	(name)	
Choice 3		
In Remembrance of		(name & date)
Purchased by	(name)	
\$36 per plaque – Make check payable to SLJC Mail check and form to: Wendy Goldstein, 24031 S Lakeway Any questions, call (480) 584-5909.	y Circle NW	, Sun Lakes 85248.

JEWISH WAR VETERANS COPPER STATE POST 619 JEWISH WAR VETERANS FEATURES OPERATION SHOCKWAVE WHICH OFFERS UNIQUE HEALING PROGRAMS TO PREVENT MILITARY SUICIDES

Sunday, February 19, 9:30 am, Poolside Building, Oakwood Country Club, 24218 S. Oakwood Blvd., Sun Lakes



lewish War Veterans. (JWV), Copper State Post 619, welcomes MAJ (Retired) Cassandra "CaS" Facciponti, Founder of **Operation Shockwave** who will tell how her organization is devoted to healing veterans to prevent suicides. The meeting takes place at 10 am at the Poolside building of Oakwood Country Club, 24218 S Oakwood Blvd in Sun Lakes.

Since September 2022, Operation Shockwave's purpose has never been more evident. Operation Deep Dive, and verified by the Department of Defense, published that more than 44 Veterans a day die by suicide and self-injury mortality. Arizona is now ranked 5 in the country in Veteran suicide rates.

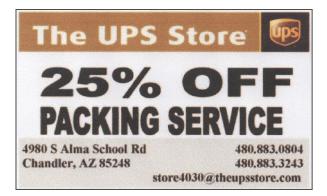
Shockwave's upstream healing programs are unique and not offered anywhere else. They provide creative holistic events for veterans and their families through book clubs, open mics, social excursions for veterans with service animals, ice baths, and the Alpaca Your Trauma Program at Harpster Farms with leash-led alpacas and llamas.

Last year, Operation Shockwave was able to provide hands-on help to 6,863 valley Veterans including their families. This is remarkable for a 5-year-old organization with zero paid staff and ONLY three volunteers – CaS, and her best friends Jae and Natalie Marek.

Complimentary bagels, lox, doughnuts and coffee start at 9:30 am, followed by the speaker at 10 am. Everyone is invited and there is no charge, but attendees wishing to eat are asked notify Judy Wolin at (480) 802-8521 or cjsunlakes@msn.com by Friday, February 17.

JWV Post 619, which meets the third Sunday of the month from September-May, welcomes both veterans and patrons of all faiths. Through their poppy campaign, JWV volunteers raise sufficient funds to contribute to veterans' organizations in the valley throughout the year. These donations enable the Post to accomplish its mission of supporting veterans who are hospitalized, at-risk or experiencing homelessness.

To learn more about JWV activities and membership, contact Commander Chuck Wolin (602) 300-5913 or cjsunlakes@msn.com.





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SRGseniorliving.com

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SPECIAL OFFER FOR MEMBERS OF SUN LAKES JEWISH CONGREGATION*.

For every tax credit donation to the East Valley JCC Qualified Charitable Organization, the Sun Lakes Jewish Congregation will receive an incentive grant equal to 18%.

\$18 grant for \$100 Tax Credit donation **\$36 grant** for \$200 Tax Credit donation

\$72 grant for \$400 Tax Credit donation

\$144 grant for \$800 Tax Credit donation

TO BE ELIGIBLE FOR THE GRANT, DONATE AT EVJCC.ORG/SLJC OR WRITE "TAX CREDIT CODE SLJC" ON THE MEMO LINE OF YOUR CHECK.

NOTE: PER AZ LAW ON TAX CREDITS FOR OUALIFIED CHARITABLE ORGANIZATIONS, Individuals can donate up to \$400 and couples \$800 per tax year. Deadline to donate is **April 15, 2023.**

We can accept donations via phone at 480.897.0588.

Mail checks to: East Valley JCC 908 N. Alma School Road Chandler, AZ 85224

Thank you for your support!

Questions? Call Michael Cohen @ 480.895.4660; Arnie Henden @ 480.570.4421 or Len Dolins @ 480.650.4753.

Top Tips for Better WiFi





Router placement matters.

Walls and other barriers can impede your WiFi signal. Place for your router is a central location with as few obstacles as possible between the modem and your connected devices. Locate it high off the floor, and away from metal objects and other electronic devices that can interfere with your WiFi signal.





Number A Be aware of what devices are connected to your network and their internet speed capabilities.

More devices connected at once means less bandwidth is available for each device. And some devices can't keep up with faster WiFi speeds, which slows down all the others.



Close WiFi hungry applications when you're not using them.

Leaving some programs open, like those used for online streaming or video games, will use up bandwidth, even after you've finished using them.



Protect your network with a strong password.

Choosing a secure WPA or WPA 2 password will protect your personal information, and keep other people from using your bandwidth, thus slowing your WiFi speeds.



Upgrade your hardware.

Today's all-in-one dual band routers deliver much faster WiFi speeds to more devices.

Call Today, learn more about how Orbitel's Fast Internet speeds, Smart WiFi and professional installation can deliver worry-free WiFi in every corner of your home.



480-895-8084 www.orbitelcom.com



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RETURN SERVICE REQUESTED



MAKE **IMPACT DONĂTE** YOUR ARIZONA TAX CREDIT **TODAY!**

Make a **difference** in someone's life. **Donate up to \$400 individual/\$800 couple.**

For every tax credit donation to the EVJCC Qualified Charitable Organization, the Sun Lakes Jewish Congregation will receive an incentive grant equal to 18%.

evjcc.org/sljc

J East Valley JCC

Tuesdays at the J 10 a.m. Coffee & Conversation 10:30-11:30 a.m. Speakers Held at the EVJCC, 908 N. Alma School Road, Chandler. Free. *evjcc.org/tuesdays*

Israeli Film Series 'Women of Valor' Sunday, March 12 | All Day Available to watch from home. Free. evjcc.org/film