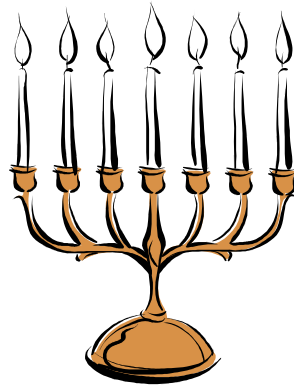


The Shpiel

Sun Lakes Jewish Congregation

September 2015 / Elul 5776



SUN LAKES JEWISH CONGREGATION

OFFICERS

Rabbi Irwin Wiener, D.D. – (623)-975-4272 Cantor Ronda Polesky – (480)-247-8408
President – Wende Levy (301)-503-1047 Vice-President – Jeff Spear (480)-556-1284
Treasurer – Michael Dar (480)-882-9022
Recording Secretary – Geri Gould (480)-305-0123

Meeting Schedules (details on later pages)

FRIDAY NITE SERVICES – None due to High Holy Days

BOARD MEETING – Thursday, September 10, 4 p.m. - please call Wende Levy @ 301-503-1047 if you wish to be on the agenda.

MEN'S CLUB – Kickoff brunch at Chompies on September 27th at 10:30 a.m.

SISTERHOOD – Meeting and New Member luncheon October 15 at 1:00pm in the Chapel House

SHALOM HADASSAH – September 30th at the Oakwood Clubhouse; optional lunch 11:30 a.m.

DEVORAH HADASSAH – Events are scheduled for September 2, 3, 16. See page 13.

JWV Meeting – Sept 20 at 9:30 a.m. in the Mirror Room of Sun Lakes Country Club

RITUAL COMMITTEE MEETING – Tuesday, September 1 at 10:30 a.m. in the Chapel House.

CONGREGATION MEETING: October 29th at 7:00 pm at the Chapel House

NEW AND PROSPECTIVE MEMBER EVENT: October 18th from 2 to 4 pm in Chapel House

FRIENDS OF ISRAEL – Video Sunday October 25th at 3 PM in the Sun Lakes Chapel House



SLJC Shofar blower Harvey Fein



Message from Our Rabbi

LOOKING FOR EXCITEMENT?

If you feel that life has shortchanged you. If you feel that as the years progress, excitement has dwindled as well. If you are looking for meaning and fulfillment, I offer the following:

The Sun Lakes Jewish Congregation offers all the above AND more! There is the advantage of social connections; spiritual guidance; modern approaches to religious experiences, holiday celebrations, individual attention to special occasions, community and valley-wide recognition, interaction with other faiths, a most friendly environment.

Now, don't you wish that everyone you know could have the same astounding participation? The answer to this question is quite simple: invite a friend to join us for the many opportunities offered by an all-inclusive congregation. It is that simple!

When we stop and think about all that will be happening this fall and winter, well, I for one look with anticipation in being part of all the excitement. Sometimes it just takes my breath away.

The year begins with our commemoration of rituals and traditions that have been with our people since time immemorial, the High Holidays. What exactly are the High Holidays and, more than that, what draws us to the Synagogue? There is a mystique connected to its observance.

We are all familiar with their English names – New Year and Day of Atonement. Perhaps we need to understand more fully the significance of the special attention it is given. I intend, this year, to concentrate on the reasons for the outpouring of emotions connected to our observance.

This will be the first EXCITEMENT, I hope.

In between the holidays we will gather at the Valley of the Sun Cemetery to concentrate on the past. Some thoughts of yesterday are painful, some joyous, but all remind us of our beginnings and how we have travelled the road of continuity as given to us by those we memorialize.

This will be the second EXCITEMENT, I hope.

New members are continually joining our ranks, and for that we are most grateful. To show our appreciation we will honor them and introduce them to the advantages they have embarked upon at a reception.

This will be the third, but by means the last EXCITEMENT, I hope.

Needless to say, I could fill this column and the pages that follow with further illustrations in the life of our congregation. Join us for all the EXCITEMENT.

Before I forget – the most significant EXCITEMENT will be our congregational trip to Israel, to which many are involved, even from distant locations.

Last, but not least, I HOPE to see all of you in this, my Bar Mitzvah year as your rabbi.

Rabbi Irwin Wiener, D.D.

Ritual Schedule for 5776 (2015-2016)

2015

September 13	-----	ROSH HASHANAH (Sunday Evening)	-----	7:30 PM
September 14	-----	ROSH HASHANAH (Monday Morning)	-----	10:00 AM
September 20	-----	KEVER AVOT (Valley of the Sun Mortuary)	-----	10:30 AM
September 22	-----	KOL NIDRE (Tuesday Evening)	-----	7:30 PM
September 23	-----	YOM KIPPUR (Wednesday Morning)	-----	10:00 AM
		AFTERNOON WITH THE RABBI	-----	2:00 PM
		MINCHAH	-----	3:00 PM
		YIZKOR	-----	4:00 PM
		NEILAH	-----	5:00 PM
October 9	-----	Service honoring Membership Outreach and New Members	---	7:30 pm
November 13	-----	Service honoring Veterans and our JWV	-----	7:30 pm
December 11	-----	Service honoring Chanukah & Israel Committee/Hillel	-----	7:00 pm

2016

January 8	-----	Installation of Congregational Board, Officers, & Volunteers	---	7:30 pm
February 12	-----	Service honoring Sisterhood	-----	7:30 pm
March 11	-----	Service honoring our Choir and Hadassah Chapters	-----	7:30 pm
April 8	-----	YOM HASHOAH OBSERVANCE	-----	7:30 pm
May 13	-----	InterFaith Service, Men's Club, and Mother's Day	-----	7:30 pm
June 10	-----	Annual Healing Service	-----	7:30 pm

Cantorial Notes – A Deeper Look at Hineini

As the evening of Yom Kippur begins we dim the lights to set the mood for this serious and deeply moving service. The Cantor traditionally entreats the melodic poem “Hineini” – “I am here.” As is traditional, I will walk down the center isle with great humility and in awe of God. My role is to announce that the congregation is fully present in the moment and is asking God, both collectively and individually, to forgive us for our transgressions.

I am a human being with failings, omissions and transgressions. During my recitation of Hineini, I will ask God to forgive my own transgressions and to be merciful and not hold the congregation responsible for my own sins. I will also ask God to hear my prayer that our community will know His peace, love and mercy.

In the Torah Hineini is used, in all but one instance, when God is calling out to someone and they reply “Hineini” meaning “I am fully present, in the moment and listening to you.” It is not the same as just saying “I’m here” in a simple role call or an answer to “where are you?” We know God doesn’t really need to know where we are...rather, we declare to God that we are available to Him because we are invested in that moment. During our High Holiday season I challenge you to be fully present. Leave your baggage at the door of the sanctuary, take your seat and be fully present for God. Let’s all say “Hineini” and let God into our hearts as we absorb the prayers, blessings and melodies of the season. When we do, God will hear us as we ask for forgiveness from Him and from each other.

L'Shanah Tovah, Cantor Ronda



President's Message

L'shanah Tovah

May you be inscribed and sealed for a good year.

As we prepare for the High Holidays the SLJC BOD continues to work on many different projects. Our Prospective and New Member event is planned and the publicity for the event has gone out. The event will take place on Sunday October 18th from 2:00 to 4:00 pm. at the Chapel House. If you know of anyone who might be interested please contact Doris Codkind or Wende Levy.

The trip to Israel hosted by Rabbi Irwin and Sandi Wiener and Michael and Bety Dar is in the final stages of planning. Currently there are 40 participants. If you are interested in joining this special trip please contact Bety Dar immediately as there are only a few slots left. A conversational Hebrew class is being planned for the group going on the trip by Bety Dar. It will begin in mid-October. Further details will be provided as available.

The SLJC BOD will be conducting a survey in late September to obtain demographic and other feedback from our congregants. Each household will be requested to fill out the questionnaire and provide comments. It is important for planning and future programs to learn what the congregants desire, ideas for new programs or revisions to our current programs. Please take the time to fill out the survey and add your ideas and comments.

Mark your calendars:

- Kever Avot (Graves of our ancestors) will be held on September 20th at 10:30am at Valley of the Sun.
- Chanukah will be celebrated at our service on December 11th, including our Oneg Shabbat. You are encouraged to invite family and friends.

There has been a change of venue for some of our Oneg Shabbats. The BOD listened to the feedback from our congregants and has moved the Onegs for the months of November through March to the Arizona Room, at the Sun Lakes Country Club. Onegs in April, May and June will be held in the Navaho room.

Oneg Shabbats are an important way to celebrate life cycle events with our SLJC members, friends and families. This year the SLJC BOD will again be asking you to make a donation to cover the costs of the Oneg Shabbats. Anyone who donates will have their name read from the bema in the month of their choosing and their name and lifecycle event (if requested) will be put in the Shpiel. Congregants will be contacted by a board member in the coming months regarding your life-cycle events and a donation.

Wende Levy, President

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The Paths We Choose

One of the marvels of life is that there are so many ways to accomplish so much. Some determine that family is the ultimate expression of devotion. Some rely on the support of many to reach the attainable, which at times appears to be unreachable. Some prefer an effort of endurance that can make us stronger, not only in body, but also in mind and spirit. All these attempts at fulfillment are designed to make us better and stronger.

There have been many occasions where I have encountered such people. Some have been scholars, for the benefit of humanities struggle for purpose. Some have been devotees of spirituality, enhancing our consciousness. Some have been athletes, attempting to create a physical connection to our endurance.

I have been amazed at the strength required for all these accomplishments. It is more than strength; it is the ability to create a path toward our real potential. Does anyone really understand what motivates people to search for these marvelous paths? To me, it is the willingness to immortalize the ability of the human spirit.

Our congregation is blessed with such people. For example, there are doctors of medicine, philosophy and science. Found in our midst are nurses, teachers, and musicians. We can boast of spiritualists and entrepreneurs. There are individuals who devote their energies to the uplifting of the fallen, legions of volunteers to engage our citizens in the responsibility we have toward life's enjoyment.

Our congregation consists of the young and older, joining together to celebrate the joy of togetherness. A segment of our population adhere to the true essence of our being through community connection regardless of race, or creed, or religion.

We also have among us younger members who have celebrated their Bar or Bat Mitzvah, been confirmed, participate in our choir, support many causes because they understand fully the need for all people to work together to accomplish the greatest effort of "Loving your neighbor as yourself."

There is a young girl named Tori Williams who has shown such marvelous ability in gymnastics. So much so that she has been chosen to participate in the Pan Am Maccabi Games in South America. What a wonderful tribute! Just watching her achieve the milestones she has in so short a time helps me understand that with such concentration and perseverance, all things are possible.

As her rabbi, as your rabbi, I urge you to cheer for her so that she knows how proud we are. More than that, however, let us take pride in knowing that we, as a congregation, helped nurture her in difficult times as well as happy times. Good luck. God speed.

Rabbi Irwin Wiener, D.D.

DESERT LIGHTS GYMNAST GOES TO THE PAN AM MACCABI GAMES

My name is Tori Williams and I am a Level 10 Gymnast at Desert Lights Gymnastics in Chandler, Arizona. I am going into my sophomore year at Hamilton High School and my dream is to attend the Pan American Maccabi games this December in Chile and also to receive a D1 college scholarship for gymnastics. It is my honor to represent Team USA and participate in an international competition. The Pan American Maccabi games are a celebration of Jewish unity, culture, and heritage through athletic competition. For additional information contact my grandmother, Shirley Shalett.

THE SLJC THANKS YOU FOR YOUR RECENT CONTRIBUTIONS

CHAPEL FUND

Bunny Emont
Shirley Samuels
Gail & Bob Cantor
Ruth Friedman
Marjorie & David Levinson
Shelly & Arnie Henden

TORAH FUND

Ruth & Stan Dolin

FLOWER FUND

Edye & Sy Evans

ONEG FUND

Esther & Jeff Spear

FAMILY FUND

Morton Huskey

MEMORIAL BOARD – A non-member Memorial Board is in the lobby of our chapel. Many of you have already placed plates on the memorial board to honor and remember your loved ones. The wording for these plates is limited to 5 lines of type, and the cost for each plate is \$75.00, payable to SLJC. Any questions regarding this board, please contact SaraRuth at 883-1791.

BLUE BOXES - Keep filling J.N.F blue boxes!! If filled, call me and I will arrange to pick them up. Thanks. Lill Fishman - 895-8928

TRIBUTE CARDS for any occasion can be purchased at the monthly Sisterhood meetings.

SERVICE HONORS – Anyone wishing to have an honor in any upcoming service, call SaraRuth Rossow at 883-1791.



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Donation Forms

DONATION FORM TOYS FROM THE HEART

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 Address _____
 Please send checks (in any amount) payable to SLJC Sisterhood to:
 Phyllis Mandel, 3495 East County Down Drive, Chandler, AZ 85249

SUN LAKES JEWISH CONGREGATION DONATION FORM

Please accept this contribution to the following fund, in honor/memory
 of _____
 Chapel _____ Oneg _____ Music _____ Family Fund _____ Flower _____ Torah _____
 General Fund _____
 Please send card to: Name - _____
 Address- _____

 Donor _____ Amt. of Check \$ _____
 Address _____
 Remit to: Shirley Gersten, 9238 E. Nacoma, Sun Lakes 85248
 (Minimum donation of \$5.00, please)

WHEN DONATING TO DIFFERENT FUNDS, PLEASE ISSUE A SEPARATE CHECK FOR EACH FUND;
 OTHERWISE ALL THE MULTIPLE DONATIONS WILL BE POSTED TO THE SAME FUND. THANK
 YOU FOR YOUR COOPERATION. IF A FUND IS NOT INDICATED, THE DONATION WILL BE
 APPLIED TO THE SLJC GENERAL FUND. SHIRLEY GERSTEN

Flowers for the bema for Shabbat services: May be donated by congregation members commemorating
 important occasions. To participate, call Shirley Gersten at 802-0007 to reserve your date. The cost is \$50.00 per
 household (no more than two households may donate flowers for any one service).

To help serve at the Onegs: call Gary Kanowsky at 802-4517, or fill out the following form:

Sun Lakes Jewish Congregation- Shabbat Service Oneg

Please count me/us in to serve at an Oneg Shabbat
 Name _____ Phone _____ E-mail _____
 I/we are available during the month of _____ celebrating _____

 Please return to: Gary Kanowsky, 10221 E. Spring Creek Rd., S.L. 85248 – ph. 802-4517



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CONGREGATION NEWS

CONDOLENCES

We are saddened to report the passing on June 22nd of Marvin Asroff, husband of Sheila Asroff.

We are very sorry to report that Eli Sulker, husband of Rosalyn Sutker, passed away August 2nd.

We are also very sorry to report that John Arkins, husband of Carolyn Arkins, passed away July 31st.

THE CARE COMMITTEE/BEREAVEMENT COMMITTEE

The Care Committee/Bereavement Committee consists of the following members: Chairperson: Shirley Shalett, tieman11@q.com or 883-9159, and Joyce Spartonos, Michael Kaplan, Jeff Spear, Geri Gould, Rita Solko, Jerri Siegel, Wende Levy, Mireille Kaplan, SaraRuth Rossow, Arleen Berke, Doris Codkind, Shelly Henden, Sandy Jennings and Edd Shalett. If there is an illness, please do not hesitate to contact anyone on the committee.

The Rabbi is always available. Wende Levy, President, will also be available. In case of a death, please call or email Shirley Shalett so that she can make sure that the congregation is notified.

Contact Marilyn Koss at 940-1916, or e-mail marilynjoe@cox.net if you know of anyone who is ill or hospitalized, or anyone celebrating the birth of a grandchild, etc. so that a card can be sent to the congregation member on behalf of Sisterhood.

BAR AND BAT MITZVAH INFORMATION

We are proud to offer Bar and Bat Mitzvah ceremonies both for youngsters and adults. For information regarding the procedures for commemorating this milestone, please contact the Rabbi at ravyitz@cox.net or 623-640-5913.



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SLJC Friends of Israel Host Meir Jolovitz, Past National Director of ZOA

The Sun Lakes Jewish Congregation Friends of Israel will be sponsoring a presentation on Sunday October 25th at 3 PM in the Sun Lakes Chapel House that will include a short video presentation followed by a guest speaker. There is no cost to attend this presentation and anyone in the area is welcome to attend. Light refreshments will be served and there will be NO SOLICITATION of funds.

The video will be from “The Case for Israel: Democracy's Outpost.” which presents a vigorous case for Israel – for its basic right to exist, to protect its citizens from terrorism, and to defend its borders from hostile enemies. It features Alan Dershowitz, Felix Frankfurter Professor of Law at Harvard Law School, who has achieved international distinction as one of Israel's most prominent and articulate advocates.

The guest speaker, Meir Jolovitz, will discuss the video presentation and answer questions from the audience. He is the former National Director of the Zionist Organization of America (ZOA) was born in Israel, and has a Master's Degree in International Relations and Political Theory. His father survived 13 death camps.

In previous presentations he has stated: “The Iran nuclear treaty is worthless because Iran openly intends on violating the agreement”.

“There is a misunderstanding about the Middle East. It is not war over territory, it is about the existence of Israel”.

“The United Nations' treatment of Israel is unfair. The U. N. is home to 57 Muslim countries where there is no rule of law and they are joined by an equal number of nations who have never known democracy, and they stand in judgment of Israel.”



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Help Fund our Oneg Shabbats

Last year, Nancy Stutman began a great tradition of soliciting donations to help defray the costs of our monthly Oneg Shabbats. She was very successful, for which we are so appreciative. This year we would like to continue this tradition by asking you to make a donation in your birthday or anniversary month, or in honor of a simcha in your life. So far, several generous congregants have agreed to take the lead in the month of October by making gifts of anything from \$10, \$25, \$50, or more. Won't you join them and be recognized as an honoree?

If you would like to do so, please send your contribution, including the month for which you would like to be recognized, payable to SLJC and sent to Geri Gould. We would appreciate your support at least one month before the date of the particular Oneg Shabbat that is especially meaningful to you.

Thank you so much for your consideration. We know we can have another great year by joining forces.

Not Receiving The Shpiel or Eblasts Electronically?

Some congregants are having trouble receiving SLJC news from the new website address, possibly because some email providers are sending the messages straight to Spam. If any SLJC member you know is having this problem, tell them to add sljccomm@gmail.com to their contacts list, and add SLJC News to the name field in the contact.

Paper Copies of The Shpiel

Publishing the Shpiel electronically will have saved the congregation \$5000 this year, which has been a major contributor to a balanced budget for SLJC. In addition, the electronic version is easier to create, easier to edit, easier to read, and much more colorful than a black-and-white paper copy. Congregants who don't have email capability receive a paper copy of the Shpiel for free. However, some congregants who receive the Shpiel electronically have chosen optionally also to receive a paper copy by snail mail for a fee of \$25/year, which barely covers the cost of printing and postage. If you want the optional paper copy starting with the September 1 issue, please send a check by August 15 to

Mark Salita, 23602 S. Emerald Ct., Sun Lakes, AZ, 85248, made out to Sun Lakes Jewish Congregation.

To download a Membership Form, go to: www.SLJC.com/membership

Send any articles you wish to have published in *The Shpiel* to Mark Salita at ShpielSLJC@gmail.com by the 15th of the month for publication on the last day of the month.

Men's Club of Sun Lakes Jewish Congregation

Due to the High Holy days the Men's Club will begin monthly meetings with a speaker and dining out in October. On September 27th we will have our kickoff brunch at Chompies at 10:30 a.m. The brunch is included with your annual dues but you must be a paid up member to attend. Guests will be \$14.

Please send your membership check for \$30 payable to the SLJC Men's Club to:

Sy Evans, 26421 S. New Town Drive, Sun Lakes, 85248

We would also like to update our files so that we have the current postal and email addresses, and phone numbers. Kindly fill out the information below and send this with your dues check to Sy Evans.

Name: _____

Address: _____

Email: _____

Phone #: _____ Cell Phone: _____

Paul Herman, president



Jewish War Veterans (JWV)



The members of Post 619 Jewish War Veterans in Sun Lakes will be meeting Sept 20 at 9:30 a.m. in the Mirror Room of the Sun Lakes Country Club. The speaker will be from the Chandler Historical Museum. The topic will be Williams Field, Chandler, Arizona during WWII and how it affected the City of Chandler. Yes I have it right – Chandler, AZ. Although there were no meetings this summer, that does not mean that nothing was accomplished. The board met each month and contributed to many veterans' causes. The post is active all year long and inquiries are answered all year long from any person regardless of race, religion or gender. Many participants in the post are not Jewish but want to help veterans, and this post works tirelessly to help homeless and in-need veterans, with many persons taking part in the Maricopa StandDown in Feb. Get information on the post from Paul Herman 480-659-2998. For reservations for the brunch that precedes the meeting, call Donna Liebowitz at 480-883-3153 or bananabunny@centurylink.net.

Free Medicare, Medicaid, and Health Benefit Information

Personalized objective assistance to seniors, the disabled, and caregivers provided by volunteer counselors especially trained by the Arizona Agency on Aging Benefits Assistance Program. Services include: Basic information about Original Medicare, Supplemental (Medigap) policies, Medicare Prescription Drug Plans (Part "D"), Medicare Advantage Plans (HMO's, etc.), AHCCCS (Medicaid), ALTCS (Arizona Long Term Care System) as well as Social Security and SSI Help with enrollments, appeals and resolving problems. Volunteers are available on the first Friday of the month from 9AM – 12 Noon at the Sun Lakes Methodist Church, 9248 E. Riggs Road, Education Building, in Room 3. The Education Building is located at the rear of the Church's grounds.

Sisterhood

We hope you have had a wonderful summer. Sisterhood Board has been hard at work on planning events for next year. For example, at our first meeting on October 15, we've got a really interesting program planned. Gwen Tierney, a docent from the Phoenix Art Museum, will be presenting a program (with slides) on the Fashions of Downton Abbey and the changing World of Fashion. The program highlights the glamorous fashions adorning the aristocratic Crawley family and the functional clothes worn by their staff. Gwen joined the docent program at the museum in 1999 and has been an active participant ever since, having chaired many committees and served on the board. Her recent focus has been on the Fashion Design Gallery. We know you will all love this program.

That date is also our New Member luncheon. So, anyone who has never been a member before will be invited to that luncheon, which precedes the business/program meeting. As usual, the meeting will be at the Chapel Center, starting at 1:00 pm.

The Board would like to take this opportunity to thank some of the members of the business community who graciously and generously contributed goods and/or funds to our Card Party last February. A partial list (more next month) is: Dr. Edward Tokatlian/Associated Internists of Ahwatukee; MICA Creek-Sagamore Capital Partners, LLC.; Millennium Lighting LLC; Rue Bax; Dr. Scott Kriener/Ahwatukee Sports & Spine; Jim McFazden, Border States Industries, Inc; Dr. Randall Porter/Neurological Associates, LTD; Debbi Rizzo/L'mage Salon Studios; Kellis Nails; Alex the Salon; Southwest Jewelry & Coin; Jeffrey S. Garelick, D.D.S./Ocotillo Dental Care, P.C.

Two important dates to put on your calendars now - February 2, 2016 is Card Party. Planning for that is well under way. Also in February, Sisterhood Shabbat is on the 12th. Start thinking about how you would like to help on that.

Ladies, don't forget to send your dues (\$25.00) to Phyllis Mandel. Phyllis also collects for Toys for the Heart (see donation form on page 8).

SISTERHOOD DUES STATEMENT

2015 – 2016

Sun Lakes Jewish Congregation Sisterhood

\$25.00

Name _____ Email _____

Address _____ Phone _____

Please send checks made out to SLJC Sisterhood to:

Phyllis Mandel, 3495 E. County Down Drive, Chandler, AZ 85249

Devorah Chapter of Hadassah

Join us for lunch at **Stone and Ivy** at 1:00 p.m. on Wednesday September 2. Southwest corner of Alma School Rd. and Queen Creek Rd (Under El Bella Salon).

We're invited to a **Mega Challah Bake** on Thursday, September 3 at 7pm at **Pollack Chabad Center** (875 N. McClintock Dr., Chandler. Cost is \$18 for adults; RSVP www.chabadcenter.com/challah.

Join us for a dinner "Get Together" at **Carrabba's Restaurant** (1060 N. 54th Street, Chandler) Wednesday evening September 16 at 5:30 p.m. The cost is \$30.00 for any one of three dinner choices. Contact Barbara Ganz at 480-656-7327.

Shalom Chapter of Hadassah

It seems almost impossible that summer is over (by the calendar, not by the temperature). The SHALOM CHAPTER OF HADASSAH has been busy working to bring you exciting and enjoyable events to attend either alone or with your “significant other”.

September 30th is our first regular Hadassah meeting at the Oakwood Clubhouse, 24218 S. Oakwood Blvd., Sun Lakes. Optional lunch at 11:30 a.m. is \$16.00. Send reservation check to Ruth Friedman, The Renaissance, 9508 E. Riggs Rd., Sun Lakes 85248 or call 480-802-9600. Program starts at 1:00 p.m. with a presentation by Neighbors Who Care.

It's Bar-B-Q time again on October 13th at 6:00 p.m. with our fantastic Fun Fundraiser at the Halley Pool in Ironwood on Alma School Rd. in Sun Lakes. Hot dogs, chicken, salads and desserts... YUM! It's a bargain at \$19.00 pp. Send reservation check to Marilyn Behr, 25803 Eastlake, Sun Lakes 85248.

At our regular meeting on October 20th we will meet Cathy Olswing, President of the Hadassah Desert Mountain Region. Holly Parker, who spearheads the **Just 3 Things** campaign, will also speak about how these donations make a difference to those in need. As always, optional \$16.00 lunch is at 11:30 a.m. Send Reservation check to Ruth Friedman, The Renaissance, 9508 E. Riggs Rd., Sun Lakes 85248 or call 480-802-9600. Program starts at 1:00 p.m.

Watch for more information on these special upcoming events:

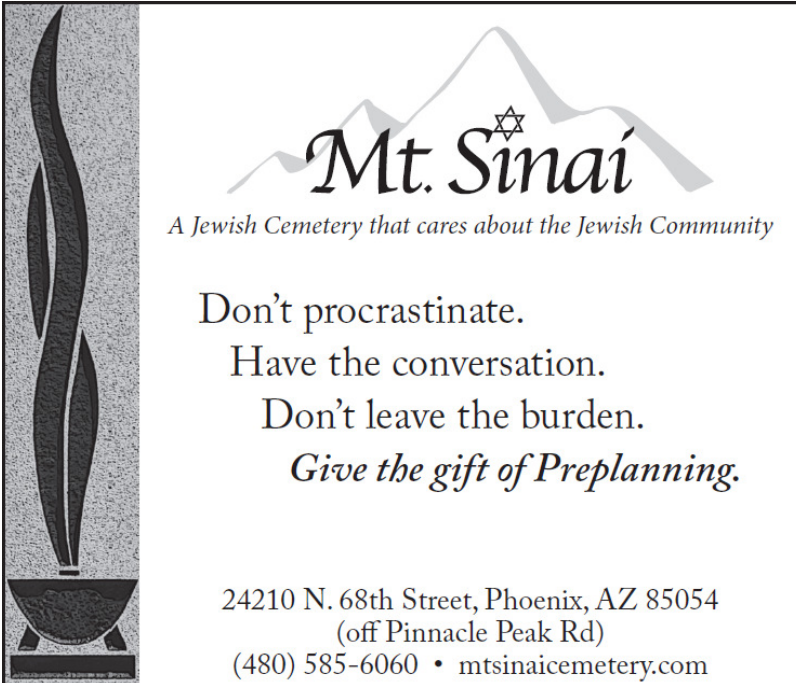
November 1st A repeat of our fabulous Wine & Cheese Patio Party

December 8th – Trip to the New Western Art Museum

For membership information call Cyril at 802-0243 or Kathy at 895-5194. We look forward to seeing you at our meetings and events.

WHY is Hadassah such an important women's organization? Besides the social aspect of getting together, Hadassah is a force to be reckoned with when it comes to “causes”. We are at the forefront of humanitarian aid because of the money raised by women like us as members of chapters across the country. Every time we hold a fundraising event, we are making a difference in the lives of others.

SHALOM! Doris Codkind, Publicity



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September Milestones

BIRTHDAYS

1	Ellen Bromley
1	Cyril Warshaw
2	Barbara Minkoff
3	Michael Dar
4	Stanley Dolin
5	Shirley Gersten
5	Evelyn Hall
8	Wendy Feldman-Kerr
8	Mitzi Pinsly
9	Suzanne Wagner
10	Judy Walp
11	Stan Zimmerman
12	Barbara Sommers
13	Linda Mundis
13	Rosalyn Sutker
15	Melvyn Bram
15	Harris Caplan
15	Mireille Kaplan
16	Marilyn Fein
16	Roberta Levitan
20	Eric Kerr
22	Toby Cohn
22	Judy Gross
23	Ruth Muenzer
23	Martin Silverman
24	Yetta Katz
27	Muriel Gross
28	Bert Friedman
30	Judy Elias



ANNIVERSARIES

3	Beverly & Norman Lefton
5	Shelly & Arnie Henden
8	Barbara & Edward Schweitzer
13	Alice & Mark Salita
19	Diane & Mark Mendelsohn
22	Harriet & Monte Post
24	Cyril & Jerry Goodman
25	Eric & Cheri Wallin
28	Yetta & Jonas Katz



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GRACE BLONDER
WILLIAM CAPELOTO
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DORA DINERSTEIN
ROSE DOLINSKY
IDA FEIN
DIANE FELLER
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MORTON GINSBERG
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JANIS LEVIN GOLDMAN
ERNI GOLDSCHMIDT
SALO GOLDSCHMIDT

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HYMAN HORN
HENRIETTA KLEMES
DIANE KOLLER
ALICE KORNETSKY
RUTH KORNFELD
IRVING LAVIN
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DANIEL MARCUS
WILBUR MILLARD
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SUN LAKES JEWISH CONGREGATION

DUES STATEMENT

September 1, 2015 – August 31, 2016

Membership/per person - \$150.00
Includes one High Holiday Ticket per member

QUALIFICATIONS FOR GUEST TICKETS

Spouses, Significant others and individuals who do not have a membership
\$100.00

Visiting relatives and children over 13 who do not belong to SLJC and do not have a reciprocal membership with another congregation.
\$50.00

Please remit check (payable to Sun Lakes Jewish Congregation) to:

Sandy Jennings
3483 E. Westchester Drive
Chandler, AZ 85249
480-699-4444



Name _____

Email Address _____

Phone Number _____

Amount remitted _____

Membership(s) _____ (number)

Guest Tickets(s) _____ (number)

Name of guest(s) _____

Relationship of guest _____

NOTE: This statement does not include membership for Men's Club, Sisterhood or Book of Remembrance.
Please DO NOT include any of these items in your check.

Book of Remembrance

This is the time of year when we plan for our annual **"BOOK OF REMEMBRANCE"** in which we honor and memorialize our departed family members. This printed book is given out at the **YOM KIPPUR MEMORIAL SERVICE**. Since there are many members who leave for the summer months, and will want to have a listing in the book, we ask that you fill out the form below and send it in as soon as possible. The information must be received no later than **TUESDAY, SEPTEMBER 1, 2015**.

NAMES WILL BE COUNTED, NOT LINES. EACH NAME ON A LINE WILL BE COUNTED INDIVIDUALLY.



Prices for the publication are as follows:

One quarter page	\$18.00	one to ten names
One half page	\$36.00	one to fifteen names
Full Page	\$72.00	one to twenty names

Send form, along with your check payable to Sun Lakes Jewish Congregation to:

Susan & Michael Cohen, 9008 E. Stoney Vista Ct., Sun Lakes, AZ 85248 – questions call 895-4660

PLEASE USE SEPARATE CHECK FOR MEMORIAL – DO NOT INCLUDE WITH OTHER CONGREGATIONAL DUES

**BOOK OF REMEMBRANCE**

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NEW MEMORIAL ONLY

NAMES IN NEW MEMORIAL: _____

CORRECTIONS TO PREVIOUS MEMORIAL ONLY

CORRECT NAME[S] in previous memorial: _____

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SIGN YOUR NAME[S] EXACTLY AS YOU WISH IT TO APPEAR IN YOUR MEMORIAL

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News from Israel

Israeli high-tech firms set a new record for financing in the second quarter of 2015 – breaking the record set in the last quarter of 2014. The report said that 179 Israeli high-tech firms raised a total of \$1.12 billion during Q2/2015 – beating the \$1.11 billion raised in Q4 2014. Much of the Q2 investment money came from foreign private equity (PE) investors, the data show – with venture capital-backed (VC) investments hitting a six-year low. That change is a sign of maturity for the Israeli tech economy; while VCs generally invest in earlier growth-stage companies and start-ups, PE investors seek out companies that are more mature, with bigger sales and larger markets, further along on the road to “making it big.”

Many of those PE investors apparently are coming from Asia, another positive development for the Israeli tech economy, which is now a “world brand.”

News Sources

www.i24news.tv/en/
www.timesofisrael.com
www.dailyalert.org
www.jpost.com

Live discussions and interviews from Israel
Up-to-the-minute news and in-depth articles about Israel
Timely articles by experts about Israel current events
Jerusalem Post Newspaper on-line

Jewish Humor

It is well known that humor promotes wellness. If you type “Humor Wellness” into Google, you’ll get 23.2 million hits. For example, <http://www.cancercenter.com/treatments/laughter-therapy/> provides the following excerpt:

“Over the years, researchers have conducted studies to explore the impact of laughter on health. After evaluating participants before and after a humorous event (i.e., a comedy video), studies have revealed that episodes of laughter helped to reduce pain, decrease stress-related hormones and boost the immune system in participants.

Today more than ever before, people are turning to humor for therapy and healing. Medical journals have acknowledged that laughter therapy can help improve quality of life for patients with chronic illnesses. Many hospitals now offer laughter therapy programs as a complementary treatment to illness.”

The Jewish Humor section in last year’s Shpiel was an attempt to promote wellness in the aging SLJC membership. However, due to concern about potential copyright infringement, the Jewish Humor section presented here has been suspended. If any SLJC members would like to receive a computer file containing hundreds of Jewish jokes, quips, and funny stories, please send a request to mark_salita@yahoo.com (note the underscore between Mark and Salita). This offer is from Mark as an individual and is not under the auspices of SLJC.

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